

Research on the Path of Collaborative Innovation Development of Ideological and Political Education and Mental Health Education of College Students

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Abstract: School Mental Health Education and Ideological and Political Education Have Achieved Positive Results in More Than 30 Years of Interaction and Combination, But the Development of Interaction and Combination Has Encountered a Bottleneck. Insufficient Motivation and Insufficient Cooperation May Be the Key to Limit the Effectiveness of Interaction and Combination. Based on the Theory of Joint Research and the Goal of Students' Comprehensive Development, This Study Explores the Integration of Knowledge Sharing, Communication, Performance, Other Aspects, Knowledge Sharing and Communication, and Ideological and Political Education. This Interaction is the Effectiveness of Mental Health Education, Ideology and Political Education. It Improves People's Educational Purpose and Provides a Common Innovation Mechanism between the Two.

1. Introduction

The 19th National Congress of the Communist Party of China is a Very Important Meeting Held in the Critical Period of Building a Wealthy Society[1]. Socialism with Chinese Characteristics Has Entered a New Era. Moreover, It Has Brought Our Country's Development into a New History and a New Era. the New Era Means That the Rich Society Has Entered a Decisive Stage. This Means That the Main Contradictions in Our Society Have Changed. It Means That the Development of the Party and the State Faces Many New Situations, Problems and Changes. That Means We Have More in History Than Ever Before. We Must Improve the Quality and Efficiency of Development. to Promote Development, or to Improve the Quality and Efficiency of Development, Also Try to Make the Role of Ideology and Political Education, People's Mind Release, Stimulate Social Vitality, People's Enthusiasm, Csi, Fully Mobilize Creativity, and Promote China's Economic and Social Needs. We Will Develop and Adjust the Overall Layout of the "Five Ones" and "Four Comprehensive" Strategic Layout to Create Conditions for the Establishment of Subjective Conditions. Therefore, in the New Era of Ideological and Political Education, It is Necessary to Contribute to the Development of the Whole Society and Enrich the Content of Education. in Addition, Please Innovate Education Methods and Methods to Stimulate People's Innovation and Creativity.

2. The Combination of Mental Health Education and Ideological and Political Education in Universities and Colleges Should Take the Path of Coordination and Innovation

In the mid-1980s, as an auxiliary form of Ideological and political education, psychological counseling was introduced (later expanded to mental health education)[2]. The relationship and combination of mental health education and ideological and political education has become a hot topic of theoretical research and practical exploration. Looking back at the process of interaction and combination during the year, we can see that the interaction and combination are achieved through incentive results. Mental health education plays an important role not only in improving ideological and political education, but also in promoting mental health education. In recent years,

with the rapid development of mental health education, it has been strongly supported in the field of Ideological and political education, which benefits from mental health education. On this point, the author has a special discussion. The combination experience of these years tells us that only the combination of the two can develop their vitality. This is also a clear reflection of the characteristics of mental health education in Chinese universities. Although a series of achievements have been made in the combination of the two, there is still much room for development[3]. Specifically speaking, insufficient motivation, insufficient integration and insufficient synergy are the important bottlenecks to limit the effectiveness of the combination of the two. In order to jointly explore the establishment of innovation mechanism for the “comprehensive and effective” open competition of mental health education, ideology and political education, it is the promotion of mental health education and ideology, political reform and innovation in the new era, and the urgent task is to improve the quality and trust. And high level. The concept of collaboration was first proposed by German scholar Harman Haken. As the whole system, all research objects are composed of subsystems and elements. Synergism is to establish coordination goals among all subsystems and elements in the system[4]. Through the interaction and adjustment of each subsystem or component, it is beneficial to the best combination and synergy of subsystems. Optimization will produce “1 + 1 > 2” synergistic effect, and achieve the common goal of the system. When that was proposed, the synergy got a lot of attention. Many scholars combine the theory of innovation with the theory of joint research and put forward the concept of “joint innovation”. It emphasizes interactive integration and collective innovation among innovative subjects. The barriers between innovation subjects completely break through the energy release and thorough cooperation of innovation elements such as “ability, capital, information and technology”, and finally realize the synergy effect of the overall function and the total ratio of parts. The joint research of mental health education and ideological and political education not only promotes the development of mental health education and ideological and political education, but also brings new development opportunities for school education and education.

3. The Possibility of Collaborative Innovation between Mental Health Education and Ideological and Political Education in Colleges and Universities

According to the theory of collaborative innovation, mental health education and ideological and political education should meet the following three conditions at the same time.

3.1 Goal Consistency

The goal of consistency is the precondition of coordinating innovation. The subsystems that make up the whole system usually have considerable independence, autonomy and difference. Based on their different interests, each subsystem basically has its own different goals. The pursuit of multiple goals can easily cause conflicts among subsystems, and then affect the coordination of the whole system[5]. Therefore, only when multiple objectives of each subsystem pursue the same goal with the whole system, can the best combination be achieved between subsystems and give full play to the synergistic effect. Mental health education and ideological and political education are the subsystems of the “great moral education” system. They belong to two independent fields, each with its own theoretical basis and disciplinary characteristics. Ideological and political education mainly refers to the ideological concept of students, the purpose of illiterate, moral standards, political and legal awareness cultivation. On the other hand, mental health education mainly refers to the psychological quality of students, optimizes their mental health, and maintains the possibility of developing students' complete psychological goal. Everyone has their own specific goals, but the basic work and work goals are unified. All of these are ultimately the all-round, coordinated and healthy development of students. This consistency of goals constitutes the prerequisite for their joint innovation.

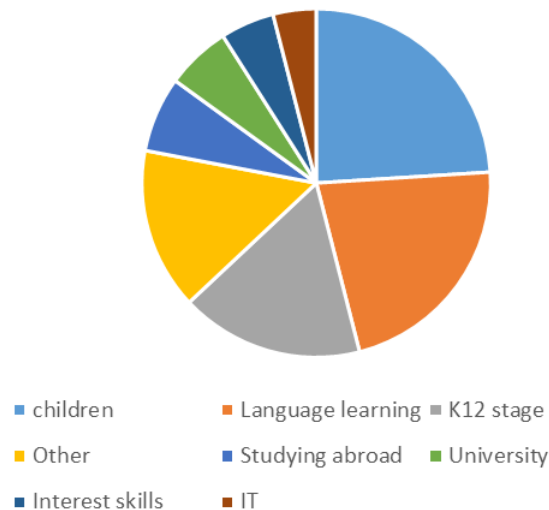


Fig.1 Domestic Entrepreneurship

3.2 Openness of the System

This is a necessary condition for coordinated innovation. A fully open system means that information and resources can be exchanged with the outside world. If the system is closed or isolated, information and resources cannot be exchanged and transferred between systems, and information and resources cannot be shared[6]. Such a system cannot be innovated or even coordinated. Therefore, the openness of the system is a necessary condition for collaborative innovation. As long as we break the mutual closure between systems, we can cut off the communication channels between systems and realize the free flow and sharing of information and information. The sharing of information and resources obtained through this completely open and optimized configuration is the basic condition for building an important competitive advantage of the system, improving the collaborative innovation ability of the system and promoting the collaborative innovation of the system. The coordinated innovation of mental health education and ideological and political education must be open to each other. In fact, both systems are open, not closed. On the one hand, this openness is manifested in the equal dialogue between educators, the communication between educators, and the mutual help between educators, on the other hand, it is manifested in the educational goals and methods. The integration and open competition of educational content and educational experience, the effective sharing of information and resources, and the best distribution of information and resources, exchange and interaction are ensured by continuous exchange of information and resources, high education, knowledge, information, talents, funds and other beneficial factors. Collaborative innovation provides necessary conditions for self-organization evolution.

3.3 Nonlinearity of Action

This is the mechanism of collaborative innovation. This nonlinear effect is mainly reflected in the fact that the subsystems of collaborative innovation are interrelated and relatively independent, and their interaction shows more obvious nonlinear characteristics than the traditional linear relationship[7]. According to the specific functions and functions, the cooperative innovation system is not only influenced by the weight of various main functions, but also the interaction between all copyrights. The former functions greatly surpass each other to form new functions, that is, the whole result of “ $1 + 1 > 2$ ” is regarded as generating power. The combination of mental health education, ideology and political education lasted for more than 30 years, and achieved good results. Therefore, the linear interaction, another function of psychological education and ideological and political education can not achieve the effect.

4. Collaborative Innovation of Mental Health Education and Ideological and Political Education in Colleges and Universities

4.1 Knowledge Sharing Communication

Through in-depth communication between mental health education and ideological and political education, we can understand the differences and connections between them, and develop a deep communication mode based on knowledge sharing[8]. Theoretically speaking, the theoretical basis, guiding concept, value principle, evaluation criteria of mental health education, ideology and political education are different, belonging to different fields. However, they are inextricably linked to solve problems in the field of consciousness. In essence, the formation process of thinking and psychology is unified. However, in the structure of human consciousness, the psychological level belongs to a lower level, and the ideological level belongs to a higher level. Mental health education focuses on improving students' psychological quality, emphasizing the importance of individual psychological growth, and emphasizing the individual function of mental health education. Ideological and political education, the cultivation and improvement of students' excellent ideas and moral quality as the focus, the concealment of the educational importance of ideology, political consciousness, social consciousness and social norms, and the emphasis on the social functions of ideology and political education. Of course, this division is not absolute. Emphasizing social function is not a bad thing. This is determined by the nature of political education. However, if we focus on the unified standards of social function, social action and action, if we only pay attention to the improvement of moral subject consciousness of social individuals and ignore the function of individual sex, please ignore the loss of the ultimate inherent moral basis and lose it.

4.2 Optimal Allocation and Adjustment of Resources

The key to adjust mental health education and ideological and political education lies in the optimal allocation of resources based on knowledge sharing and exchange. The improvement of educational quality and the realization of educational effect depend on the rational utilization of educational resources[9]. As long as educational resources are allocated in place, all the party's enthusiasm can be fully mobilized. By the way, on the basis of complete communication, all departments share mental health education and ideology, and the common consensus on innovation of political education may have been reached, but their final, discipline, position, working conditions and two independent training. Moreover, the evaluation criteria are often the conflict of opposites and competition, which makes it impossible to optimize the distribution of educational resources such as human, material and financial resources.

5. Conclusion

The new era of socialism with Chinese characteristics, the new era of decisive victory in building a wealthy society in all rounds, after that, building a strong modern socialist country in an all-round way, gradually realizing the common prosperity of all people, and realizing China's biggest dream. In the new historical background, the ideological and political work of universities and colleges involves the basic problems of "who should be trained, how to train, and how to train". The ideological and political education of universities and colleges in the new era needs innovative development. The research on the cooperative development of moral education and aesthetic education in China's universities in the new era is an inevitable choice for the innovation and development of ideology and political education in the new era, but a theoretical exploration for the scientific development of modern ideological and political education. At present, the moral education in universities needs to be reformed and improved, the situation of aesthetic education needs to be further improved, and the value of education needs to be further explored. Therefore, the tools of moral education are used as aesthetic education instead of assisting the two main institutions of the education system as moral education and aesthetic education. How to find innovative ways to promote the development of ideology and political work in universities or

colleges. It can better shape the perfect personality of individual students and strengthen the moral education of University. Effectiveness is an important concept of value to improve the quality of personnel training and train qualified personnel and successors nationwide.

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